



CENTRAL SANSKRIT UNIVERSITY



**EMPOWERING YOGA
EDUCATORS THROUGH
ADVANCEMENT IN
TEACHING PEDAGOGY OF
YOGIC PRACTICES:
ALIGNING
WITH NEP 2020.**

**7DAYS
CONTINUING
MEDICAL
EDUCATION
(CME)
FOR YOGA
PROFESSIONALS**

Limited 40 seats

**JOINTLY ORGANISED BY
DEPARTMENT OF YOGIC SCIENCE AND SPIRITUALITY
&
INTERNATIONAL YOGA CENTER,
SRKC, DEVPRAYAG, UTTARAKHAND
21-27 MAR. 2025**



Campus Director



Prof. P. V. B. Subrahmanyam

Dean

School of Yogic Science &
Holistic Health Practices
Central Sanskrit University
New Delhi

Patron



**Prof. Srinivasa Varakhedi
Vice-Chancellor**

Central Sanskrit University
New Delhi

OBJECTIVE OF CME

- Develop and implement a comprehensive training program for aspiring and existing Yoga educators.
- Equip educators with advanced knowledge and skills.
- Anatomy and Physiology: Understanding the human body and its response to Yoga.
- Research and Evidence-Based Practices: Integrating scientific research into teaching.
- Create a network of certified Yoga educators who adhere to high standards of teaching.
- Develop a resource library of teaching materials, lesson plans, and research articles.
- Advocate for the integration of Yoga education within the framework of NEP 2020.

REGISTER SOON

[HTTPS://FORMS.GLE/FCRZPSF6EAFSIUI68](https://forms.gle/FCRZPSF6EAFSIUI68)



Co-Coordinator
Dr. Sudhanshu Verma
Assistant Professor

SCAN THE QR

PROGRAM SCHEDULE



Coordinator
Dr. Dhanesh P.V.
Assistant Professor

OUR EMINENT SPEAKERS



Prof. (Dr.) Mritunjay Rathore

MBBS, MS, FCGP, MNAMS, YIC

Professor

Department of Anatomy,

All India Institute of Medical Science

Secretary Indian Yoga Association,

CG Chapter

Vice President, Anatomical Society of India, CG Chapter



Dr. S. LAKSHMI KANDHAN

B.PT. M.Sc. Ph.D.

Assistant Professor

(Yoga Therapy)

**Morarji Desai National Institute of Yoga,
Ministry of Ayush, Government of India,
New Delhi**



Dr. Deepeshwar Singh,

M.Sc., Ph.D. (Yoga),

Associate Professor,

(Department of Yoga)

**Babasaheb Bhimrao Ambedkar University
(A Central University),
Lucknow, UP, India**

CONTACT US

+91 - 88930 08686

+91 - 99531 96663

<https://www.csu-devprayag.edu.in/>

SRKC.YOG@CSU.CO.IN

**Shri Raghunath Kirti Campus
Devprayag, Uttarakhand**