



# CENTRAL SANSKRIT UNIVERSITY

Established by an Act of Parliament

(Formerly Rashtriya Sanskrit Sansthan, Deemed to be University)  
Under Ministry of Education, Government of India

## BIO-DATA

<b>Name:</b>	<b>Dr. Rashmitha</b>
<b>Designation:</b>	<b>Assistant Professor</b>
<b>Campus:</b>	<b>CSU - Shri Raghunath Kirti Campus</b>
<b>Address:</b>	<b>Shri Raghunath Kirti Campus, Devprayag, Pauri Garwal, Uttarakhand – 249 301</b>
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<b>Highest Qualifications:</b>	<b>M.Sc., NET, Ph.D.</b>
<b>Date of Appointment:</b>	<b>30/08/2023</b>
<b>Department:</b>	<b>Yogic Science &amp; Spirituality</b>
<b>Teaching Experience:</b>	<b>2 years</b>
<b>Area of Interest:</b>	<b>Yoga Therapy</b>
<b>Language Known:</b>	<b>Kannada, Tulu, Hindi, English, Tamil,</b>
<b>No. of Publications:</b>	<b>7 research articles</b>
<b>No. of Workshop/Seminar:</b>	<b>15</b>
<b>Research Project:</b>	<b>-</b>
<b>Name of the Project (Ongoing/Submitted)</b>	<b>-</b>
<b>Awards &amp; Honours:</b>	<b>-</b>
<b>Any other:</b>	<b>-</b>